

# Christian Parenting

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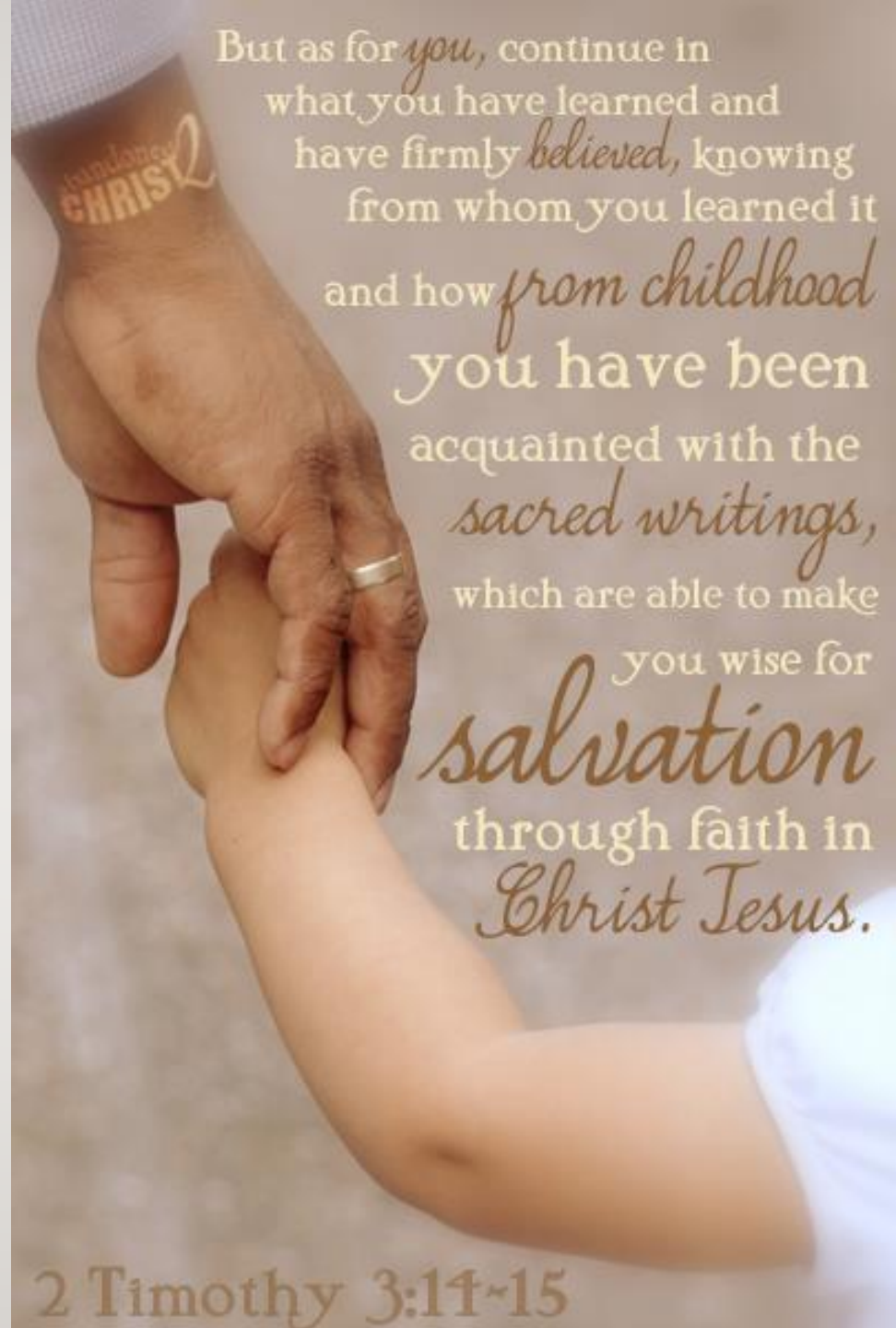
## Week 8 Panel Discussion

### “Responding vs. Reacting”



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Winter Quarter, 2018  
Greg (& Vikki) Nordstrom



But as for *you*, continue in what you have learned and have firmly *believed*, knowing from whom you learned it and how *from childhood* you have been acquainted with the *sacred writings*, which are able to make you wise for *salvation* through faith in *Christ Jesus*.

2 Timothy 3:14-15

# “Reality Discipline”

*“Letting the reality of the situation become the teacher to the child.”*

## **7 Principles of Reality Discipline:**

1. Establish a **healthy authority** over your children
2. Hold your children **accountable** for their actions
3. Let **reality** (and life) be the teacher
4. Let your **actions** match your words
5. **Stick to your guns**, but don't shoot your foot
6. **Relationships** come before rules and activities
7. Live by your values—**model desired behavior**

# Godly discipline...

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## **Proverbs 13:24**

*A refusal to correct is a refusal to love; love your children by disciplining them. (MSG)*

## **Ephesians 6:4**

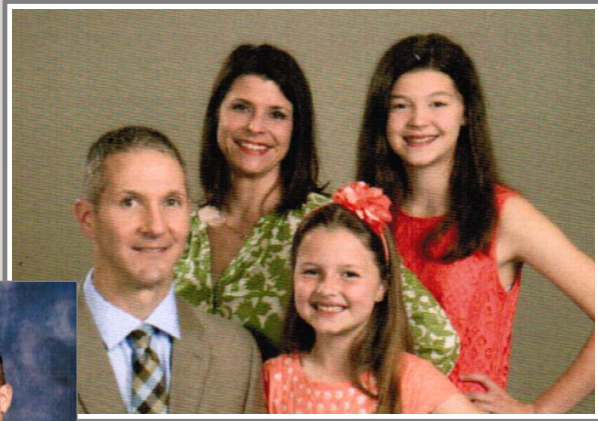
*Fathers, don't exasperate your children by coming down hard on them. Take them by the hand and lead them in the way of the Master. (MSG)*

## **Proverbs 29:17**

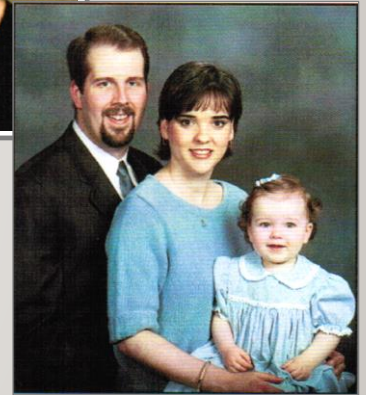
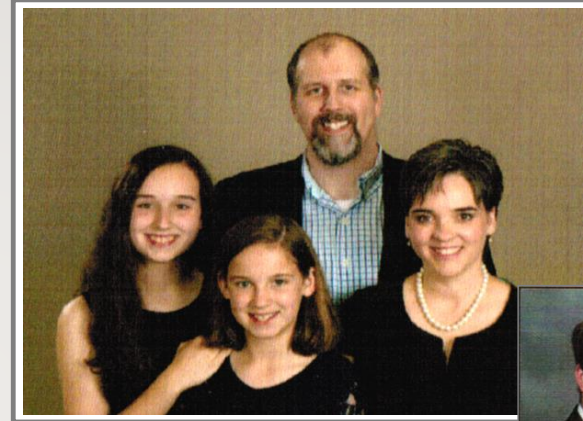
*Discipline your children; you'll be glad you did—they'll turn out delightful to live with. (MSG)*

# Today's panelists

Jason and Toni Marlin  
Olivia, Ava



Todd and Stephanie Lacy  
Elizabeth, Katherine



Ellis and Anna Grace Rampy



# Discussion suggestions

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## 1. Parents

- Time & stress management
- The daily grind
- Communication
- Sharing the load

## 2. Children

- Tantrums
- Sibling rivalry
- Daycare, school
- Chores, allowance

## 3. Disciplining techniques

- Approaches and results
- “Responding vs. reacting”

## 4. Advise, encouragement, questions and answers



# Some final thoughts...

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*“Parents, let’s hang in there when it comes to discipline in the home! We all want our kids to be honest and hardworking citizens. We want them to be faithful witnesses of God’s Word, living embodiments of Christ. It is our duty and privilege as Christian parents to “discipline those we love” (Proverbs 3:12) as we guide our kids in God’s truth. This is so easy to say but often so hard to do—especially as our society increasingly blurs the lines between right and wrong and dismisses moral absolutes.”*

Ann Jahns, *Forward in Christ* magazine  
<https://forwardinchrist.net>