

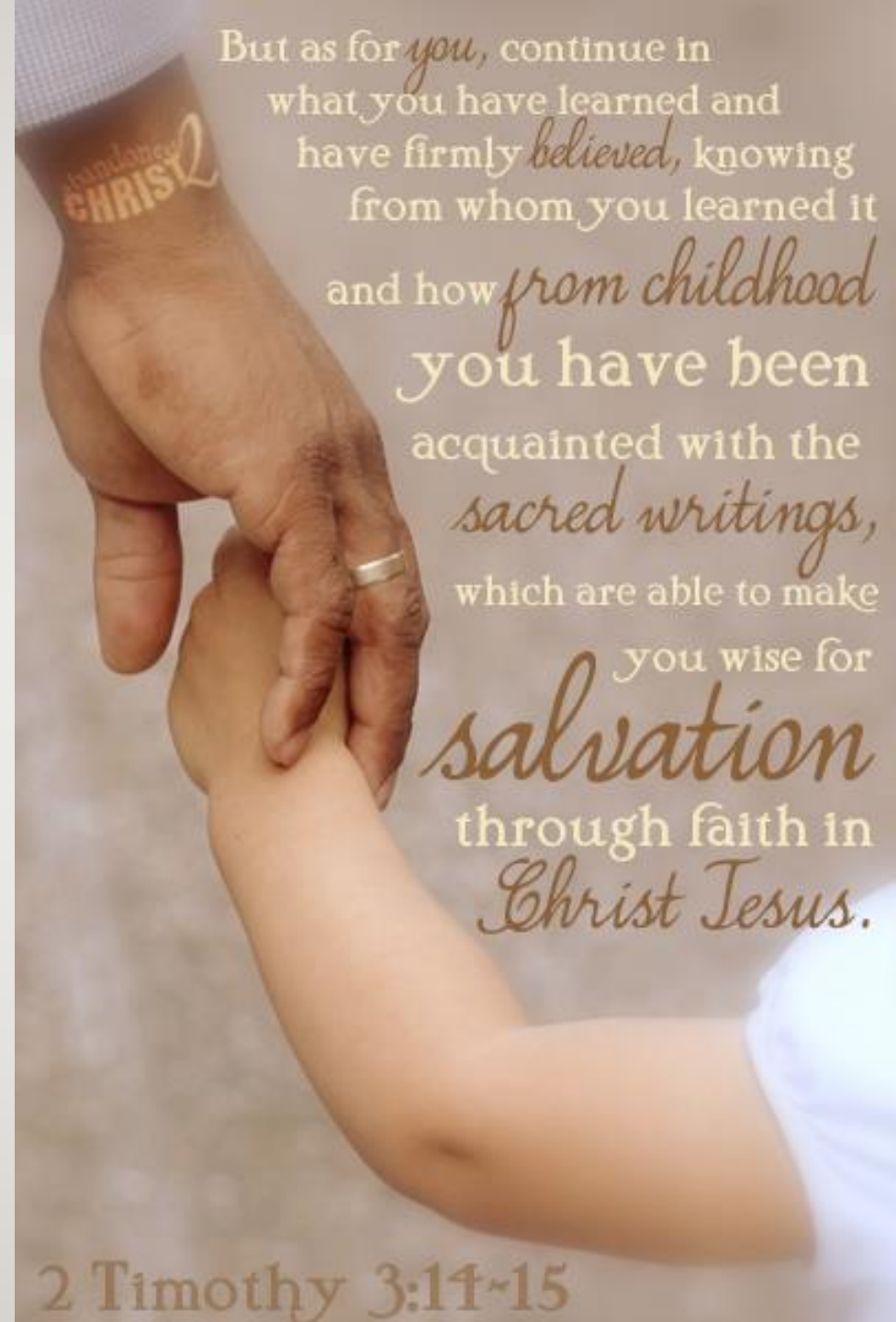
Christian Parenting

Week 2

Why kids do what they do



Winter Quarter, 2018
Greg (& Vikki) Nordstrom



But as for *you*, continue in what you have learned and have firmly *believed*, knowing from whom you learned it and how *from childhood* you have been acquainted with the *sacred writings*, which are able to make you wise for *salvation* through faith in *Christ Jesus*.

2 Timothy 3:14-15

Parenting Challenges Survey



Also, check this out!

7 Traits *of* Effective Parenting
ASSESSMENT

<https://assessments.focusonthefamily.com/s3/7-Parenting-Traits-Assessment>

Now, for a little *practical advise*, taken from...



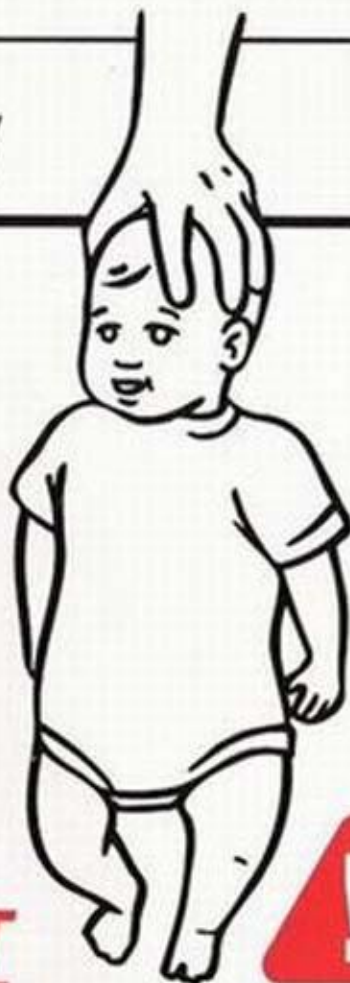
Instructions:

Lifting Baby

DO



DON'T



Instructions:

Washing Baby



GOOD



BAD

Instructions:

Drying Baby

YES

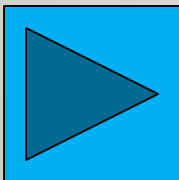
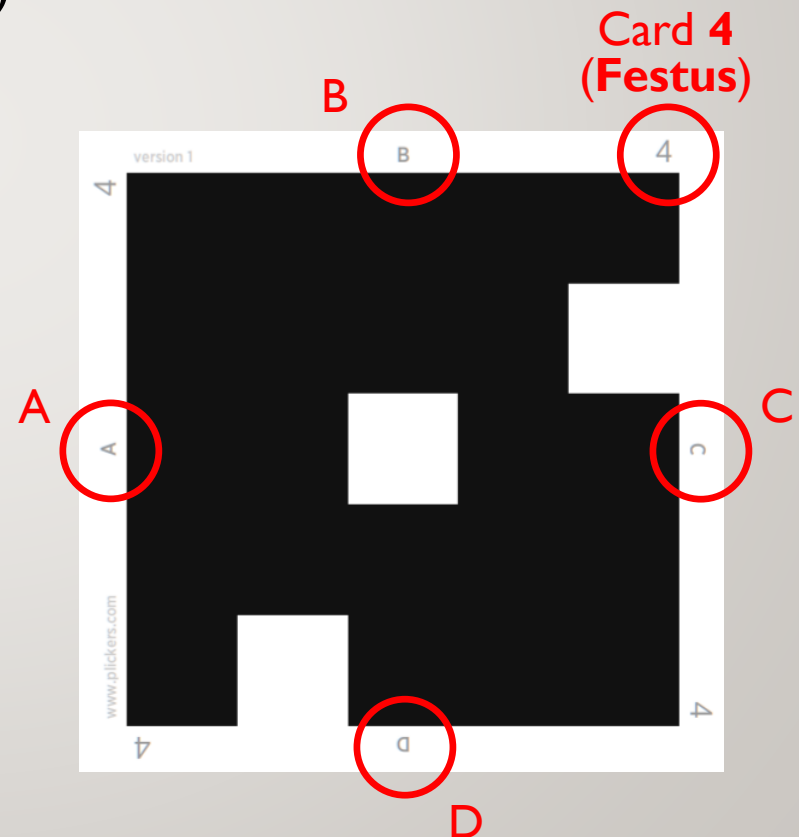


NO





- **Cards** associated with a **game name**
- Cards have four **orientations** (A,B,C,D)
- Questions appear on front screen
- Answer by holding the card with your response (A,B,C,D) **at the top**
- I'll scan the cards with my device
- Results displayed on front screen



Week 1 Review

God's care and understanding

*“The Lord is my shepherd; I shall not want.
He makes me lie down in green pastures.
He leads me beside still waters.
He restores my soul.
He leads me in paths of righteousness for his name's sake.
Even though I walk through the valley of the shadow of
death, I will fear no evil, for you are with me; your rod
and your staff, they comfort me.”*

Psalm 23:1-4

God as our Shepherd is a **powerful model** for child rearing!

God's care and understanding



*“I will fear no evil, for you are with me;
your rod and your staff, they comfort me.”*

Rod: A medium-length club used to protect sheep against predators and robbers



Staff: A longer tool for guiding, restraining, or retrieving sheep

God's care and understanding

*“I will **instruct you** and **teach you** in the way you should go. I will **counsel you** with my **loving** eye on you.”*

Psalm 32:8

*“...for God sees not as man sees, for man looks at the outward appearance, but **the LORD looks at the heart.**”*

1 Samuel 16:7b

*“O LORD, you have **searched me and known me!** You know when I sit down and when I rise up; **you discern my thoughts from afar.** You search out my path and my lying down and are **acquainted with all my ways.**”*

Psalm 139:1-3

Because God **loves us** and **knows who we really are**,
He's in a perfect position guide and discipline us!

Purposive behavior*

“Behavior only continues if it serves a purpose.”

“All social behavior serves a purpose; without that purpose, there is no need for the behavior.”

“So what is your child really telling you?”

Dr. Kevin Leman

*A psychological term Dr. Leman uses to describe why children misbehave

Four goals/stages of misbehavior

(and what the child is *really* saying)

Stage 1: **Attention.*** *“I only count when I’m being noticed or served. When I’m the center of attention.”*

Stage 2: **Power.** *“I only count when you do what I want or I can do what I want.”*

Stage 3: **Revenge.** *“I only count if I can hurt others as I’ve been hurt by life.”*

Stage 4: **Display of Inadequacy.** *“I can’t do anything right, so I won’t try to do anything at all. I’m no good.”*

*Every child is an attention getter. The question is, how will he/she get that attention? Will it be for doing positive things or negative things?

The power-driven child

When attention getters don't get what they need, they move to the next level, becoming **power-driven children**.

Some power-driven children are easy to spot:

- He's the family tyrant, throwing everyone curve balls
- She tosses snarky, disrespectful remarks your way
- He teases his sister until she cries
- She throws things in anger
- He punches the walls

Others are less obvious:

- She's the "shy" child you make excuses for
- He's the emotional one you walk on eggshells around
- She's so soft-spoken you must lean in close to hear her
- He cries if his schedule changes
- She's a cutter

Powerful children have an **agenda**—to make sure that the adults in their lives treat them in specific ways.

They're saying to parents ***"I'm in authority over you, and you're going to do what I want you to do."***

Dr. Leman

Kids are taught to be powerful by powerful persons in the household!

(Kids don't like powerful parenting, but it confirms that being dominant/controlling is important)

Authoritative parents

Have a **game plan, strategies**, and are the **key role models** for their children

Authoritative parents:

- Give the child **choices** and **formulate guidelines** with him/her
- Provide the child with **decision-making opportunities**
- Develop **consistent, loving discipline**
- Hold the child **accountable**
- Let **reality** be the teacher
- Convey **respect, self-worth**, and **love** to the child, enhancing the child's **self-esteem**
- Apply “**reality discipline**” in a **consistent** and **coordinated** way
- Show the child they depend on **God** for **wisdom** and **strength**
- **Let love lead...**

Next week we'll go into detail on “reality discipline” and look at how to respond in healthy ways to what your children do.

Blessings for a great week!