

Christian Parenting

Week 1

What type of parent are you?



Winter Quarter, 2018
Greg (& Vikki) Nordstrom

But as for *you*, continue in what you have learned and have firmly *believed*, knowing from whom you learned it and how *from childhood* you have been acquainted with the *sacred writings*, which are able to make you wise for *salvation* through faith in *Christ Jesus*.

2 Timothy 3:14-15

Meet the Ideal Parents



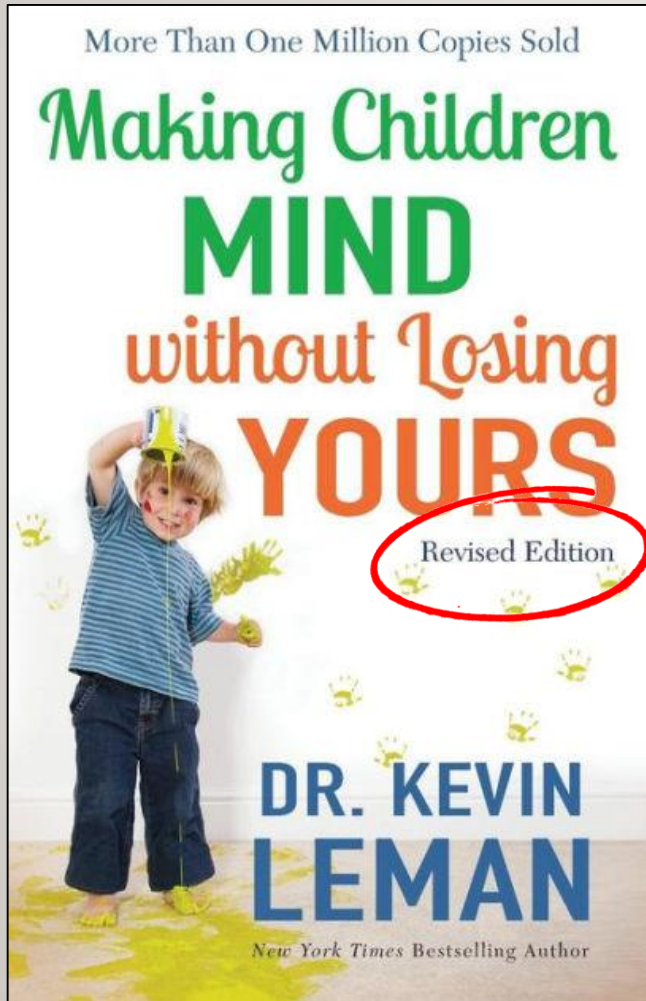
- Successful by every measure!
- Happy, trouble-free home life
- Never argued with each other
- A keen sense of just what to do
- Had perfectly behaved children
(The envy of all our friends!)
- Made very few (if any) mistakes
- Often said *“Hey, we’re good at this!”*

Meet the *Real* Parents



- Married young, had children quickly
- Experienced many failures
- Lots of disagreements and fights
- Our children drove us crazy at times
(Especially when they were awake!)
- Didn't have a real plan for parenthood
- Often weren't on the same page
- Often said "*What else can go wrong?*"

Supplemental text



- Original and revised versions
 - Original is rather dated, but still good
- Several formats
 - Paperback (\$9.22 new)
 - Kindle (\$8.54)
 - Audiobook (\$14.95)
- Dr. Leman
 - Christian counselor/family therapist
 - Psychologist, speaker, author
 - Five kids, four grandkids

PDF versions of the material from this class can be found in the “Bible Study” section of www.gregnordstrom.com

Syllabus & Quarter Outline

- New topics each week (see syllabus)
- Lectures, discussions, Q&A, etc.
- Three panel discussions 
- Lots of useful and usable information
 - Get kids to do what you want them to do
 - Foiling finicky eaters
 - Turn off temper tantrums
 - Minimizing sibling rivalries
 - Applying “*Reality Discipline*” (it works!)

We'll be doing ***Kahoot!*** quizzes, too, so BYOD.

What Type of Parent Are You?

I. Authoritarian

“You’re going to do what I tell you to do no matter what.”



- Authoritarians run the home with an iron fist
- Grant little freedom to the child
- Seems to work in the short-term (kids do what you demand)
- Children often rebel in the long-term, when they have more control
- Tend to be men more often than women
- Occurs more often in strongly religious and/or military families

What Type of Parent Are You?

I. Authoritarian

“You’re going to do what I tell you to do no matter what.”



Often misinterpret Ephesians 6:1-3 and forget 6:4 all together!

Children, obey your parents in the Lord, for this is right.² “Honor your father and mother” (this is the first commandment with a promise),³ “that it may go well with you and that you may live long in the land.”⁴ Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

What Type of Parent Are You?

2. Permissive

“I had to do a lot of chores when I was young, and I don’t want my kids to have to do that!”



- Permissive parents represent a weak authority figure
- They will eventually *disable* children instead of enabling them
- They invite rebellion with inconsistent parenting
- The end results are aggressive children that rebel because of a lack of boundaries

What Type of Parent Are You?

2. Permissive

“I had to do a lot of chores when I was young, and I don’t want my kids to have to do that!”



Often misinterpret Hebrews 12:11 (specifically, “discipline” and “painful”)

For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

What Type of Parent Are You?

3. Authoritative

“Sure, you can go to the movies, but you need to be home by 11 o’clock. You understand, right?”



- Authoritative parenting offers children a secure and affirming childhood
- Authoritative parents convey respect, self-worth, and love to the child and therefore enhance the child’s self-esteem
- The consequences (i.e. the *reality* of results) are what teach the lessons
- This type of parenting relies on consistency and requires diligence on the part of the parents, but has a **big long-term payoff**

What Type of Parent Are You?

3. Authoritative

“Sure, you can go to the movies, but you need to be home by 11 o’clock. You understand, right?”

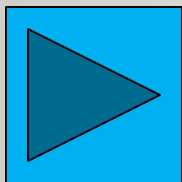


Uses a properly defined “discipline” to show love and concern.

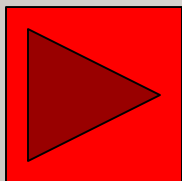
Never forget that **children expect adults to discipline them**. It shows them you care for them. Loving discipline is geared toward instruction, teaching, guiding, and, above all, holding a child accountable for his or her actions.

Kahoot!

- Use a phone, tablet, or laptop (WiFi password: **John3:16**)
- Browse to **kahoot.it**
- Enter the game PIN
- Enter your nickname
- Take the quiz



Practice



The real deal!





Parenting Challenges Survey

- Voluntary homework assignment (due next week)
- Everyone does their own survey (not couples)
- Totally confidential (name is optional)
- Results will help me make this a more focused and meaningful class